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## Beginning January 1, 2020, get rewarded for completing healthy activities

NJ Well is partnering with Aetna to offer a new, voluntary wellness program designed just for SEHBP Medicare Advantage plan members. Starting January 1, 2020, you'll be able to earn up to \$250 in gift cards, just for completing healthy activities!

## Here's an overview:

- **1. Complete your healthy activities** between January 1, 2020 and December 31, 2020.
- 2. Let us know when you complete them either online or by phone. We'll need just a few details, such as the date of the visit and the clinic name.
- **3. Choose a gift card** from select merchants by December 31, 2020.



**Watch your mail** for an invitation with more details in early 2020!

There are two ways to report your activities and choose a gift card. On or after January 1, 2020:



**Log in at** < > and sign in with your user name and password. Then click on < > to report your activities, or



Call Member Services at 1-866-816-3662 (TTY: 711), Monday through Friday, 8 AM to 6 PM ET.



## **Eligible activities and reward amounts**

Annual wellness exam: \$25

Vision exam: **\$25** 

Hearing exam: **\$25** 

Healthy Home Visit: \$75

Health Risk Assessment: **\$25** 

Biometric screening: **\$50** 

Fall 2020 flu shot: \$25

Remember, to earn rewards you must complete and report eligible health care activities between January 1, 2020 and December 31, 2020.

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